National Assessment and Research Conference

September 5-6, 2014
Quad Cities
(Moline, IL)

THEME: Creativity in Assessment and Research
President’s Welcome
Welcome to the 2014 AARC Conference
(National Assessment and Research Conference)

On behalf of the Association for Assessment and Research in Counseling (AARC), welcome to the Quad Cities! I trust you will find many opportunities for enrichment, networking, and connection at our 12th annual National Assessment and Research Conference. AARC has long been committed to excellence in assessment and research. I believe you will see our mission and vision reflected in the excellent programs you are about to enjoy. Whether you are looking to apply assessment to your clinical practice, evaluate clinical or educational programs, connect around research ideas, or develop your research expertise, I trust you will find many sessions just right for you.

We are privileged to have over eighty high-quality education, roundtable, and poster sessions in store this weekend. We are fortunate to have Dr. Thelma Duffey, ACA President-Elect and long-time AARC advocate, here to deliver our keynote address. Aspiring and established authors will want to be sure to join our MECD and CORE editors for an open conversation on Friday morning to discuss publication issues to enhance future scholarship opportunities. Doctoral students may be particularly interested in the dissertation boot camp, a series of sessions in which participants will connect with established scholars as they consider research methodologies and processes. AARC faithfuls know our division would not be what it is without relationships. If you are new to AARC, you won’t want to miss our Thursday evening informal networking gathering and Friday evening welcome reception. We look forward to getting to know you there!

This conference would not have been possible without the dedication, creativity, persistence, and vision of Dr. Rebecca Newgent, our 2014 conference chair. I hope you will join me in expressing our sincere gratitude for her phenomenal service. I also appreciated the many reviewers and volunteers who are assisting Dr. Newgent in her duties. Our proposal peer reviewers had the fortunate task of reviewing program proposals unprecedented in quality and focus. A special thanks to Drs. Rochelle Cade, Randy Davis, Philip B. Gnilka, Helen Hamlet, Gulsah Kemer, A. Stephen Lenz, Michelle Perepiczka, Christina Hamme Peterson, and April Schottelkorb for their service. We are also deeply appreciative of Drs. Philip Gnilka, Alexandra Novakovic, Jacqueline Swank, Jonathan Ohrt, and Dodi Limberg for their contributions to our dissertation boot camp. We also give thanks to Diane Heisner, Molly Watkins, Rona Galicia, Brittany Littrel, and Steve Whan who are serving as conference volunteers. Last but not least, our sponsors this year include Western Illinois University, SAGE, Pearson Education, and the Quad Cities Convention and Visitors Bureau. We appreciate their dedication to assessment and research in our profession and support for our conference.

I hope you will find this to be a time of inspiration and renewal. AARC is proud of its dedication to enhancing our profession through assessment and research. I encourage you to take the time to connect with our leadership team, share your ideas for enhancing AARC, and consider getting more involved in our division. I look forward to learning with you this weekend!

Respectfully,

Shawn L. Spurgeon, Ph.D., NCC, LPC-MHSP, ACS
President (2014-2015), Association for Assessment and Research in Counseling
### Conference-At-A-Glance

#### Thursday, September 4, 2014

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9:00 am - 4:30 pm</td>
<td>Executive Board Meeting (Mississippi Room Radisson 2nd Floor)</td>
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<td>5:30 pm – 7:00 pm</td>
<td>Networking</td>
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#### Friday, September 5, 2014

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:00 am – 5:00 pm</td>
<td>Registration (iWireless Conference Lobby)</td>
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<tr>
<td>9:00 am – 9:55 am</td>
<td>Education Sessions (iWireless Rooms D &amp; E)</td>
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<td>9:00 am – 9:55 am</td>
<td>Roundtable Sessions (iWireless Room C)</td>
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<tr>
<td>9:00 am – 9:55 am</td>
<td>Challenge Education Session (iWireless Classroom 1/2)</td>
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<td>9:00 am – 10:25 am</td>
<td>Special Topics Education Session (iWireless Room F)</td>
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<td>Education Sessions (iWireless Rooms D &amp; E)</td>
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<td>10:00 am – 10:55 am</td>
<td>Roundtable Sessions (iWireless Room C)</td>
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<tr>
<td>10:00 am – 10:55 am</td>
<td>Challenge Education Session (iWireless Classroom 1/2)</td>
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<tr>
<td>10:30 am – 11:55 am</td>
<td>Special Topics Education Session (iWireless Room F)</td>
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<td>11:00 am – 11:55 am</td>
<td>Education Sessions (iWireless Rooms D &amp; E)</td>
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<td>11:00 am – 11:55 am</td>
<td>Roundtable Sessions (iWireless Room C)</td>
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<tr>
<td>12:00 pm – 1:55 pm</td>
<td>Luncheon and Keynote (iWireless A/B)</td>
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<td>2:00 pm – 2:55 pm</td>
<td>Education Sessions (iWireless Rooms D, E, &amp; F)</td>
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<td>2:00 pm – 2:55 pm</td>
<td>Roundtable Sessions (iWireless Room C)</td>
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<tr>
<td>2:45 pm – 3:45 pm</td>
<td>PM Break Out (iWireless Conference Lobby)</td>
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<td>3:00 pm – 3:30 pm</td>
<td>Poster Sessions (iWireless Conference Lobby)</td>
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<td>3:30 pm – 4:25 pm</td>
<td>Education Sessions (iWireless Rooms D, E, &amp; F)</td>
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<td>3:30 pm – 4:25 pm</td>
<td>Roundtable Sessions (iWireless Room C)</td>
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<td>Education Sessions (iWireless Rooms D, E, &amp; F)</td>
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<td>4:30 pm – 5:25 pm</td>
<td>Roundtable Sessions (iWireless Room C)</td>
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<td>4:30 pm – 5:25 pm</td>
<td>Challenge Education Session (iWireless Classroom 1/2)</td>
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<tr>
<td>5:30 pm – 7:30 pm</td>
<td>Welcome Reception (iWireless Terrace overlooking the Mississippi River)</td>
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#### Saturday, September 6, 2014

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<th>Time</th>
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<tr>
<td>8:00 am – 10:00 am</td>
<td>Registration (iWireless Conference Lobby)</td>
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<td>8:00 am – 8:55 am</td>
<td>Education Sessions (iWireless Rooms D &amp; E)</td>
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<td>8:00 am – 8:55 am</td>
<td>Roundtable Sessions (iWireless Room C)</td>
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<td>8:00 am – 8:55 am</td>
<td>Challenge Education Session (iWireless Classroom 1/2)</td>
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<td>8:00 am – 9:25 am</td>
<td>Special Topics Education Session (iWireless Room F)</td>
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<td>9:00 am – 9:55 am</td>
<td>Education Sessions (iWireless Rooms D &amp; E)</td>
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<td>9:00 am – 9:55 am</td>
<td>Roundtable Sessions (iWireless Room C)</td>
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<td>9:00 am – 10:55 am</td>
<td>Challenge Education Session (iWireless Classroom 1/2)</td>
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<td>9:30 am – 10:55 am</td>
<td>Special Topics Education Session (iWireless Room F)</td>
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<td>10:00 am – 10:55 am</td>
<td>Education Sessions (iWireless Rooms D &amp; F)</td>
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<td>10:00 am – 10:55 am</td>
<td>Roundtable Sessions (iWireless Room C)</td>
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<td>11:00 am – 11:55 am</td>
<td>Education Sessions (iWireless Rooms D, E, &amp; F)</td>
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<tr>
<td>11:00 am – 11:55 am</td>
<td>Roundtable Sessions (iWireless Room C)</td>
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All Friday and Saturday conference events are held at the iWireless Center.
## Educational Sessions At-A-Glance

### Friday, September 5, 2014

<table>
<thead>
<tr>
<th>Time</th>
<th>Room D</th>
<th>Room E</th>
<th>Room F</th>
<th>Room C</th>
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<tbody>
<tr>
<td>9:00-9:55</td>
<td><strong>Johnson</strong>&lt;br&gt;Using Structural Equation Modeling to Examine the Relationships between Dispositional Mindfulness and Empathy, State-Specific Mindfulness and Empathy, and the Working Alliance Among Counseling Practicum and Internship Students</td>
<td><strong>Giordano, Prosek, &amp; Holm</strong>&lt;br&gt;Predictors of Empathy in Addictions Counseling</td>
<td><strong>Lenz &amp; Balkin</strong>&lt;br&gt;Translation and Evaluation of Psychometric Assessments: An Application Using the Relational Health Indices</td>
<td><strong>Swank</strong>&lt;br&gt;Assessing and Developing Counseling Students’ Growth and Development on the Ropes Course</td>
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<td><strong>Gnilka</strong>&lt;br&gt;A Missing Data Tool for SPSS Users: Hot Deck Imputation</td>
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<td><strong>Kaur</strong>&lt;br&gt;Buddhist Practice in Counseling Advocacy</td>
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<td><strong>Hunnicutt Hollenbaugh</strong>&lt;br&gt;The Effect of a Study Abroad Experience in Costa Rica on the Leadership Practices of Counselor Education Doctoral Students: A Single Case Research Design</td>
</tr>
<tr>
<td>10:00-10:55</td>
<td><strong>Watson</strong>&lt;br&gt;Assessing and Treating Internet Addiction: Creative Strategies for an Emerging Disorder</td>
<td><strong>McDonald</strong>&lt;br&gt;The Labeling and Mislabling of Race and Ethnicity: Implications for Assessment and Research</td>
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<td><strong>Francis, Ordway, &amp; Flamez</strong>&lt;br&gt;An Assessment of Professional Counselor Competency in Child Custody and Court Testimony Cases</td>
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<td><strong>Judkins Miller</strong>&lt;br&gt;The Case for Inclusion of Objective Tests in (Distance) Graduate Counseling Courses</td>
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<td><strong>Gutierrez, Gonzalez, &amp; Barden</strong>&lt;br&gt;Understanding the Influence of Breast Cancer on Latina Couples: Dyadic Qualitative Research</td>
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<td><strong>Cade</strong>&lt;br&gt;Teaching Assessment: Creative Methods for Counselor Educators</td>
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<td><strong>Pietrzak</strong>&lt;br&gt;Examination of Academic Measures and Student Rating of Faculty: IDEA</td>
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<td>10:30</td>
<td><strong>Barrio Minton &amp; Holm</strong>&lt;br&gt;DSM-5 Assessment &amp; Documentation</td>
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<td><strong>Kramer</strong>&lt;br&gt;Is it OK to Touch Clients in Therapy? A Gender Analysis of Student Perceptions</td>
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Note: Times are local, MST (Mountain Standard Time)
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<thead>
<tr>
<th>11:00-11:55</th>
<th>Field</th>
<th>Reicherzer, Sheperis, &amp; Glowiak</th>
<th>Mullen, Blount, Fox, &amp; Swank</th>
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<tbody>
<tr>
<td></td>
<td>Data at Work: The Benefits of Action Research in Counseling</td>
<td>What Research Competencies do CES Students Really Learn in their Programs?</td>
<td>The Art and Science of Scale Development and Validation</td>
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<tr>
<th>12:00-2:00 pm</th>
<th>Luncheon and Keynote Address</th>
<th>Room D</th>
<th>Room E</th>
<th>Room F</th>
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<tr>
<td></td>
<td>~ Dr. Thelma Duffey ~ President-Elect of the American Counseling Association</td>
<td>Lenz</td>
<td>Balkin, Perpiczka, Sowell, Cumi, Stipanovic, &amp; Gnilka</td>
<td>Neuer Colburn</td>
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<td></td>
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<td>What Works for Whom, How and Under What Conditions?</td>
<td>Modeling the Process of Clients' Work through Forgiveness and Conflict</td>
<td>Maximizing Rigor on Qualitative Coding Teams</td>
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<th>2:00-2:55</th>
<th>Room C (Roundtables)</th>
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<tbody>
<tr>
<td>Lenz</td>
<td>Oliver &amp; Abel Moving Towards Wider Implementation of Comprehensive School Counseling Practices: Helping School Counselors Create Meaningful SLOs</td>
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<td>Balkin, Perpiczka, Sowell, Cumi, Stipanovic, &amp; Gnilka</td>
<td>Rohde &amp; Dykenam Creative Approaches to Teaching Research</td>
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<td>Neuer Colburn</td>
<td>Bell &amp; Delmar Social Norming Programming Using CORE Assessment Data</td>
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<td>Gibson Development and Use of a Cell Phone App to Collect Dosage Data in the Field During Clinical Research</td>
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<td>Whisenhunt A Professional Imperative: Preparing Entry-Level Counselors in Suicide Risk Assessment and Intervention</td>
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<td>2:45-3:45</td>
<td>PM Break Out</td>
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<td>3:00-3:30</td>
<td>Poster Sessions</td>
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<td>3:30-4:25</td>
<td>Mullen &amp; Wood</td>
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<td>Sheperis &amp; Reicherzer</td>
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<td>Hamme Peterson &amp; Hall</td>
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<td>Swank</td>
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<td>Patton</td>
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<td>Bell</td>
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<td>Bray</td>
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<td>Beck &amp; Nikels</td>
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<td>4:30-5:25</td>
<td>Peluso</td>
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<td>Villares &amp; Wells</td>
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<td></td>
<td>Abel &amp; Oliver</td>
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<td>Chang, McDonald, Rumsey, &amp; Glubovic</td>
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<td>Viviani &amp; Roberts-Pittman</td>
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<td>Clark-Kesler &amp; Bower</td>
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<td></td>
<td>Fox</td>
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<td>Burck &amp; Ellison</td>
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## Educational Sessions At-A-Glance
### Saturday, September 6, 2014

<table>
<thead>
<tr>
<th>Time</th>
<th>Room D</th>
<th>Room E</th>
<th>Room F</th>
<th>Room C (Roundtables)</th>
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</thead>
</table>
| 8:00-8:55 am | Sheperis, Ammons, & Procter  
Assessment and Treatment of Autism Spectrum Disorder: Best Practices | Fox  
Applying Generalizability Theory to Instrument Development | Kelpsh & Garfolo  
Programmatic Assessment of Your Counselor Education Program: A Plan for Closing the Look | Dambo, Acquaye, & LaMothe  
A Mixed Methods Approach to Developing a Group Intervention: Interactive Cultures that Impact their Progress through High School and Adult Transitions |
| 9:00-9:55 | Graham  
Ethnography: A Gateway to Culturally Competent Research Methodologies | Leibert  
Do Common Factors Account for Counseling Outcome? | | Glowiak  
Perceptions of Veteran K-8 Educators on the Impact of the Internet on Learning and Social Development |
| 9:30      | Inyang & Burck  
Assessment of Multicultural Counseling Competence | | McCray  
Examination of Assessment Measures for Effectiveness in Cross-Cultural Supervision |
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<th>Time</th>
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<tr>
<td>10:00-10:55</td>
<td><strong>Crockett</strong> Structural Equation Modeling (SEM) in Counseling Research: A Five Step Process</td>
<td><strong>Carlson &amp; Limberg</strong> The Contribution of Couple Demographics and Overall Couple Well-Being to Change After Attending Relationship Education</td>
<td><strong>Novakovic &amp; Gnilka</strong> Dispositional Affect and Perceptions of Career Barriers: The Moderating Role of Gender and Coping Efficacy</td>
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<td><strong>Woo</strong> Professional Identity Scale in Counseling (PISC): Instrument Development and Validation</td>
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<td><strong>Patton, Bal, &amp; Copeland</strong> Research Challenges and Solutions for Online/Distance-Based Dissertation and Mentorship</td>
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<td><strong>Prosek &amp; Giordano</strong> Exploring Nonmedical Stimulant Misuse and Self-Worth</td>
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<td><strong>Holder</strong> Attention, ADHD and the T.O.V.A.</td>
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<tr>
<td>11:00-11:55</td>
<td><strong>Oliver</strong> Program Assessment as Existential-Humanistic Practice</td>
<td><strong>Lin &amp; Shannonhouse</strong> Suggestions and Tips for School-Based Research on a Sensitive Topic: Empirical Study on Suicide Intervention with Public Schools</td>
<td><strong>Stipanovic</strong> Yes, Data Matters: Training School Counselors to Evaluate Educational Data</td>
<td><strong>Xiao</strong> Intention to Develop a Two Factor Screening Scale for Clients in Recovery from Substance Abuse</td>
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<td><strong>Blomstrom &amp; Schaeffer</strong> Reflections of Online Assessment</td>
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<td><strong>Marsh Pow</strong> The Challenge of Participant Recruitment in Counseling Research</td>
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<td><strong>Sheperis</strong> Stepwise Regression and the Walking Dead: Why Won’t this Method Die?</td>
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<td><strong>Davis &amp; Wines</strong> Exploring the Nexus of Expectations in Supervision</td>
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Dissertation Boot Camp

After rave reviews last year, AARC is proud to offer the 2nd Annual Dissertation Boot Camp! All are welcome to attend this Challenge Education Session.

(All Boot Camp education sessions are held in iWireless Classroom 1/2)

Session Facilitators:

Dr. Philip Gnilka – DePaul University
Dr. Alexandra Novakovic – DePaul University
Dr. Jacqueline Swank – University of Florida
Dr. Jonathan Ohrt – University of North Texas
Dr. Dodie Limberg – Texas A & M University - Commerce

Session Topics (each session receives 1 continuing education clock hour):

- Getting Started (Friday 10:00 am – 10:55 am)
- Methodological Issues (Friday 4:30 pm – 5:25 pm)
- Pulling It All Together (Saturday 8:00 am – 8:55 am)
Getting to Know the AARC Journals

Dr. Paul Peluso, Florida Atlantic University, MECD Editor
Dr. Rebecca Newgent, Western Illinois University–Quad Cities, CORE Editor
Ms. Molly Watkins, WIU-Quad Cities, CORE Editorial Assistant

Back by popular demand, the editors of MECD and CORE will address publication issues to facilitate future scholarship opportunities. All are welcome to attend this Challenge Education Session.

Friday, September 5, 2014
9:00 am – 9:55 am
iWireless Classroom 1/2

1 continuing education clock hour
Infusing Assessment Standards into Counselor Education Courses: A Conversation

At the invitation of the Conference Committee, this session is sure to be of interest to those Counselor Educators who would like to brainstorm ideas for infusing assessment standards into the curriculum. Please plan to share your ideas and get new ideas from others!

All are welcome to attend this Challenge Education Session.

FACILITATOR: Dr. Carrie Wachter Morris – Purdue University

Saturday, September 6, 2014
9:00 am – 10:55 am
iWireless Classroom 1/2

2 Continuing Education Clock Hours
Luncheon and Keynote Address

Thelma Duffey, Ph.D.
The (2014-2015) President-Elect of the American Counseling Association
Professor and Department Chair, Department of Counseling
The University of Texas at San Antonio
501 W. Cesar E. Chavez Blvd.
San Antonio, Texas 78207
210-458-2600; Thelma.duffey@utsa.edu

Thelma Duffey, Ph.D., LPC, LMFT, is the 2014-2015 President-Elect of the American Counseling Association (ACA) and professor and chair in the Department of Counseling at the University of Texas at San Antonio. She was Founding President of the Association for Creativity in Counseling (ACC), a division of the American Counseling Association, and she is Editor for the Journal of Creativity in Mental Health (JCMH), an international peer-reviewed journal. Dr. Duffey has published over 50 refereed journal articles and book chapters. She is also Editor of Creative Interventions in Grief and Loss Therapy: When the Music Stops, a Dream Dies, Taylor & Francis Publishers, and Co-Editor of the newly published A Counselor’s Guide to Working with Men, published by the ACA Press. Her research focuses on relational and creative approaches to counseling. An ACA Fellow, Dr. Duffey has received numerous awards for her scholarship and service to the counseling profession from ACA, the Association for Counselor Education and Supervision (ACES), the Texas Counseling Association (TCA), and the Association for Creativity in Counseling (ACC), organizations within which she has held numerous leadership positions.
Welcome Reception

Friday, September 5

5:30-7:30 pm

Location: iWireless Center Terrace

(Overlooking the Mississippi River)

Come join us for networking and fun!!
Counseling Outcome Research & Evaluation (CORE)

A peer-refereed electronic journal of the Association for Assessment in Counseling and Education published by Sage Publications.

The Counseling Outcome Research and Evaluation journal (CORE) provides counselor educators, research, educators, and other mental health practitioners (e.g. psychologists, social workers, marriage and family therapists, addictions counselors) with outcome research and program evaluation practices for work with individuals across the lifespan. It addresses topics such as: treatment efficacy, clinical diagnosis, program evaluation, research design, and outcome measure reviews. This journal also serves to address ethical, legal, and cultural concerns in the assessment of dependent variables, implementation of clinical interventions, and outcome research.

Manuscripts typically fall into one of the following categories:

**Counseling Outcome Research**: Treatment efficacy and effectiveness of mental health, school, addictions, and college counseling interventions as reported in clinical trials, meta-analysis of outcome research, and qualitative reviews of outcome research.

**Outcome-based Diagnostic Practices**: Diagnostic process in clinical settings, differential diagnosis, dual diagnosis issues, incidence and prevalence of clinical diagnoses.

**Outcome-based Program Evaluation**: Evaluation practices within mental health agencies and school and college settings, program development and process evaluations, outcome evaluations, evaluation methodology, evaluation ethics, interdisciplinary evaluations, and cultural issues in program evaluations.

**Outcome Measure Reviews**: Critical reviews and integration of classes or groups of clinical assessment tools used as dependent variables in research studies and outcome measures in clinical practice.

**Outcome Research Design**: Methodological issues in intervention research, innovative qualitative, quantitative and mixed-methodology, single subject designs, case studies exemplifying assessment and outcome research practices, statistics in assessment and outcome research, data analysis procedures, and report writing.

Editor: Rebecca Newgent, PhD, LCPC, NCC
Western Illinois University - Quad Cities

Administrative Assistant: Molly C. Watkins

Please visit [http://cor.sagepub.com](http://cor.sagepub.com) for additional information.
The articles in Measurement and Evaluation in Counseling and Development (MEC) range from theoretical and other problems of the measurement specialist to those directed to the administrator, the counselor, or the personnel worker—in schools and colleges, public and private agencies, business, industry, and government. All articles clearly describe implications for the counseling field and for practitioners in assessment, measurement, and evaluation.

Editor: Paul Peluso, Ph.D.  
ppeluso@fau.edu

To register for electronic access, view author guidelines, or submit a manuscript, please visit:

http://mec.sagepub.com